

## Blender Bike Terms of Use & Agreement Form

The blender bike is a fun and exciting way to promote healthy eating and physical activity at events in the Timiskaming area. The following terms of use are meant to guide the safe use of the blender bike.

### Transportation of Bike

The Blender Bike requires a minimum of two people to transport it. A larger vehicle (e.g., van, SUV, or truck) is required to transport the bike; it will not fit into a regular car. Due to the weight of the bike, it is challenging to hoist it up onto a bike rack, therefore this is not recommended. To fit the bike in the car - it is easier if the front part goes first (instead of the pedals part). For a small SUV it is only necessary to disassemble 3 things from the bike: the rear legs, the smaller wheels and the seat.

### Bike Setup and Use

- Always set up the blender bike on even, stable ground
- Prior to the event, inspect and test the bike to ensure it is in good working order, checking and tightening all screws as necessary
- The blender bike can be used to blend smoothies or other food items (i.e., soups, dips). It is recommended that frozen fruit be partially thawed and chopped into small portion sizes
- Please do not seek to modify the operation of the blender bike as it has been set up for optimal performance

### User Safety

- If using it with children, there should be 3 people supervising the use of the bike (one with the bike at all times, another helping the participants with the ingredients and another washing the materials as needed and coordinating the participants waiting for their turn with washing hands).
- All those wishing to ride on the blender bike must wait until it has been properly set up by the program or event supervisor.
- The supervisor must ensure the top is placed securely on the blender and the blender is secured to the blender mount on the bike prior to use.
- Adjust the seat height as necessary for safe riding. Never adjust the seat while someone is on the bike.
- Suitable footwear must be worn by each user; bare feet are not permitted.
- Remove any jewelry, lanyards or any other item that could catch on the bike while in operation.
- Keep a clear exclusion zone around the bike at all times and ensure no hands or fingers are in or near the blender or in the area near the rear tire when the bike is in operation.
- Only one person may be on the bike at a time.
- The supervisor must ensure someone is monitoring the use and safety of the blender bike at all times.
- Watch carefully as children climb on and off the bike and while they're on it. It is advised that a spotter stands nearby if small children are riding the bike.

## Operating Instructions

- Make sure the base of the blender jug (where the blades are housed) is assembled, including the grey seal, and firmly attached to the bottom of the blender jug.
- Fill the jug with ingredients before attaching it to the blender bike, then securely fit the lid onto the jug.
- Fit the jug onto the blender platform (black discs on the front of the bike), making sure the base of the jug fits properly onto the square metal peg that will turn the blender blades.
- Check the blender and the blender lid. Use the black elastic strap to secure the blender jug in place.
- Once everything has been safely secured, the rider may start pedaling fast enough and long enough to blend the ingredients.
- Ensure the bike wheel has come to a complete stop before removing the blender.
- Pour the smoothie into a cup and enjoy!

Note: Ensure participants are asked if they have any allergies. To decrease its risk, you must clean the blender between each use, especially if you are using ingredients that are potential allergens (such as wheat, eggs, milk, and yogurt). It cannot be guaranteed that the blender is nut-free, as it will be used by different partners.

## Cleaning the Bike

After the bike has been used, wipe down all of the bike's surfaces (including the seat, handle bar grips and frame) with a disinfectant spray and cloth. Remove the blender and scrub thoroughly in hot soapy water and allow it to air dry on a clean surface or dry with a clean towel.

## Damage to Property

The Timiskaming Health Unit is the owner of the blender bike. Whoever borrows the bike shall return the bike and accompanying parts & materials in the same condition as when received, subject to reasonable wear and tear. The borrower agrees to store the blender bike safely until returned to the owner. In the event of an accident and/or incident with the blender bike, the user must report the details of the accident to the owner as soon as possible, by email, to [moriartyn@timiskaminghu.com](mailto:moriartyn@timiskaminghu.com).

## Hand Hygiene and Safe Food Handling

Starting July 1 2018, at least one certified food handler must be present at all times during hours of operation.

Set up hand hygiene station for users of the blender bike with soap and water, and disposable paper towel. All those responsible for event supervision must read, understand and abide by the safe food handling requirements as outlined in the *Safe Food Handling Requirements* sheet.

## Costs

The renter is responsible for the costs associated with purchase of ingredients and materials needed to serve the smoothies (e.g., disposable cups). Those renting the bike are not allowed to charge individuals a fee for using it.

## Agreement

As the renter of the blender bike, I agree to follow the terms of use outlined above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_