



learn to cycle skillfully through all types of streets

ADVANCED CYCLING SKILLS

—
COURSE IN NEW LISKEARD

For Aged 18+ with cycling experience who want to build skills and are willing to support cycling initiatives

Contact Crystal Gorman
gormanc@timiskaminghu.com
1-866-967-9355, ext 3238



Services de santé du

TIMISKAMING
Health Unit



June 22

(5-9pm)

&

June 23

(8am-5pm)

WHAT YOU'LL NEED:

- Bicycle in good working order
- Approved Helmet
- Bicycle Bell
- Closed toed shoes

MUST
REGISTER BY
JUNE 19