
Media Release



Third case of COVID-19 in Timiskaming District April 2, 2020 - For immediate release

Today, Dr. Glenn Corneil, Acting Medical Officer of Health for the Timiskaming Health Unit, confirmed a third positive case of COVID-19 in the district of Timiskaming. The female patient, in her early 50s, is currently being cared for in the Kirkland Lake and District Hospital, where she is in stable condition.

All necessary infection prevention & control measures were used with this patient. The case is linked to a close contact with a positive case from outside the district. Contact tracing is well underway and those who have been identified as close contacts have been, or are in the process of being notified.

Dr. Glenn Corneil, Acting Medical Officer of Health for the Timiskaming Health Unit said, *“With the increase in cases in the north, it is essential for people to act aggressively in order to stop the spread of COVID-19. Stay home as much as possible. Avoid all non-essential travel. Practice physical distancing. Wash your hands often and don’t touch your face.”*

Any future positive cases of COVID-19 in our district will be posted to our website (www.timiskaminghu.com), specific media releases may not be issued. You can also find information on our site regarding the amount of tests that have been done, negative results, and pending results.

How to protect yourself and others

There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses. Take these everyday steps to reduce exposure to the virus and protect your health:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick
- physical distancing (**maintain 2m/ 6 ft distance from others whenever possible**)
- stay home as much as possible
- avoid all non-essential travel

[How to self-isolate](#)

[How to hand wash](#)

IMPORTANT: If you think you may have COVID-19 symptoms or have been in close contact with someone who has it, first self-isolate and then use [Ontario's Self-Assessment Tool](#) to see if you need to seek further care. If you need further assistance, call Telehealth Ontario for medical advice at 1.866.797.0000 (TTY 1.866.797.0007) or your local health care provider. You can also call Timiskaming Health Unit at 705.647.4305 (toll-free 1.866.747.4305). Be sure to mention your symptoms and your travel history, including the countries you visited. **If you**

are ill and must visit a health care professional, call ahead and tell them that you have a respiratory illness. You may be asked to wear a mask while waiting for or receiving treatment to prevent the spread of illness. If you need immediate medical attention, call 911 and mention your travel history and symptoms.

Visit [Ontario's website](#) to learn more about how the province continues to protect Ontarians from COVID-19.

For more information:

Media Contact:

Ryan Peters
Communications Manager
705-647-4305, Ext. 2250
Email petersr@timiskaminghu.com
timiskaminghu.com